

PORTSMOUTH SAIL TRAINING TRUST IMPACT REPORT DECEMBER 2020



PORTSMOUTH
SAIL TRAINING
TRUST

Raising aspirations for young people

Portsmouth Sail Training Trust (PSTT) is passionate about enabling young people in Portsmouth to reach their full potential.

We use sailing to increase young people's career prospects and develop key life skills. Our aim is to raise young people's aspirations.

Thank you to everyone who has supported PSTT throughout 2020.

This year has been challenging, but we have continued to support the young people of Portsmouth.

Throughout the year, **100 young people have attended PSTT**. As well as gaining sailing and maritime skills, all the young people have developed valuable life skills such as **communication, resilience** and **self-confidence**.

Developing these life skills enables the young people to raise their aspirations, helping them to have a hope and ambition for their future. Alfie is one of those young people who has been inspired to pursue a career in the maritime sector, thanks to PSTT.





Alfie's Story

Alfie started attending PSTT back in 2018. Alfie used to struggle to control his emotions and sometimes found it hard to develop good relationships with his peers.

Through PSTT, Alfie grew in confidence, gaining skills and qualifications which helped him to control his behaviour and realise that he was interested in exploring a career in the Navy. Alfie is now doing the Uniformed Services Course which will help him realise his dream of joining the Navy.

The PSTT programme was where Alfie first realised he had a passion and talent for sailing.

"The sailing programme really helped me to gain confidence and work towards my career in the Navy. I can now control my feelings of frustration much better and have made new friends at college. I am enjoying the Uniformed Services Course which will help me work towards me joining the Navy"-Alfie.

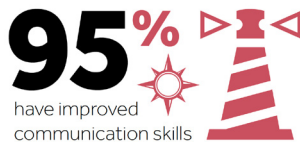
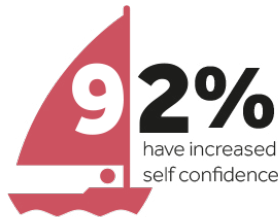
We could not be prouder of Alfie. We look forward to seeing him continue to grow into a confident and capable young man.

End of year teacher surveys revealed that:

93%



of the young people have an increased knowledge of opportunities available to them in the watersports or marine industry



"All our students have benefitted greatly from attending PSTT. The staff are brilliant. I would recommend this course to other schools"

- Jen Jordan, Priory School.