NAVIGATE



THE LONDON NAUTICAL SCHOOL

LEADING NAVIGATING SUCCEEDING

October 2020; Issue 1

WELCOME TO NAVIGATE

It is with a huge amount of pride that I would like to welcome you all to the first edition of our school magazine 'Navigate'. We hope that you will enjoy reading about the successes of our students and finding out more about life at LNS. In this issue you will find information on the work that the school has been doing around literacy and in particular our Year 7 'Literacy Champions', details of the LNS 'Learning Philosophy, updates from Science, Art and PE and a look back into the schools history through 'Now and Then'. Also included are details of our school Christmas Card Competition with the winning design becoming the schools official Christmas card for 2020!

It goes without saying that these are incredibly challenging times being caused by the global pandemic. I could not be more proud of how our school and wider community have responded to the challenges posed by COVID-19. I would like to thank all families for their continued support and express my gratitude to our school sponsors; The Anchorites, The Worshipful Company of Shipwrights, Trinity House, The Baltic Exchange, The Marine Society, The Worshipful Company of Scientific Instrument Makers, The Honourable Company of Master Mariners, Greenwich Hospitals and Ridgecrest. This month's front page image highlights the significance of our sponsors' work where the Worshipful Company of Shipwrights kindly donated funds that allowed the school to purchase laptops to support students during lockdown. These laptops are now fully operational across the school.

I look forward to writing to you all again in the next addition. In the meantime, I hope you and your families stay safe and well.

Michael Schofield Headteacher



YEAR 7 LITERACY CHAMPIONS

At LNS we recognise the importance of literacy. Our Year 7 boys begin every day with 10 minutes of reading to develop both their reading skills and increase their vocabulary. We also run our fantastic 'Guided Reading' sessions as part of our English Curriculum. Our boys are encouraged to read and review books to develop their reading fluency. In each form group we have an Academic Officer, it is their job to encourage all their form groups to read and to complete their reading logs. In year 7 alone we have had 330 Literacy Achievements awards, these are awarded for great reading, good use of vocabulary and for completing their reading logs.









LNS LEARNING PHILOSOPHY

Here at LNS all of our lessons are based around our Learning Philosophy, designed to ensure every student is exposed to an aspirational education.

From the minute they enter the classroom learning begins through a well planned STARTER, either introducing new topics or checking prior knowledge. ACTIVE LEARNING is expected throughout the lesson so students are 'thinking' rather than just 'doing', this helps build resilience and allows students to feel successful. COLLABORATION is encouraged so students can verbalise their ideas, develop higher level thinking skills and self management. FORMATIVE ASSESSMENT strategies are used by teachers in every lesson to check understanding and adapt accordingly. Misconceptions can be addressed, and further challenge or support offered where necessary. At the end of every lesson students REFLECT on the learning that has taken place and how successful they think they have been towards meeting the learning objectives, encouraging them to be responsible learners. These expectations apply all the way from Key Stage 3 up to Key Stage 5.



NOW & THEN

In these turbulent times it is worth reflecting on the challenges each generation of our pupils have faced. In 2020 our boys dealt and are dealing with the results of the global pandemic; in 1940 ex pupil David Clowe faced a challenge of a very different sort.

David left LNS in 1939 and immediately joined the Merchant Navy aged just 16.

Whilst on the cargo ship *Shillong* crossing the Atlantic, his ship was struck by an enemy torpedo and sunk. David found himself in a lifeboat with 37 other crew in the grip of a gale and in temperatures of 20 below zero. He was 19 years old.

Over the next eight days, adrift at sea 31 men died and five of the remaining men lost limbs due to dehydration and the cold. David lost 24 kilos in weight and his legs swelled to a black shapeless mass.

David, recalled the event when he was safely back in London and credited his survival to his Nautical teacher, Captain Harvey, who taught him to always keep the bow of the boat facing into the bad weather.

The London Nautical School was based in Newquay in Wales when David was a pupil, we have since returned to London, as did David, and has weathered all the storms it has faced, to continue thrive as a great community of learning and character building.



Mr FJ Fuest; Headteacher during the War years



LNS ART GALLERY







Christmas Card Competition

If you want the chance to have your artwork showcased on the official LNS Christmas card, create your LNS themed design and submit it to Ms Lucking by Monday 9th November.



LNS SCIENCE

Our curriculum includes a wide range of opportunities for every child to experience experimental work in science, developing an ability to manipulate and operate complex and hazardous equipment and chemicals safely. In Year 8 students explore the chemical properties of different metals by performing flame tests. This is to confirm that atoms of different elements have different properties through an experiment that stimulates children's curiosity about the world. Additionally different tests are used to explore gases such as oxygen that relights a splint without the use of a match. Pupils discover how colourful indicators can be used to show the pH of acids and alkalis to help explain the properties of the everyday chemicals around them. We want to inspire, enthuse and provide students a passion about the natural world through demonstrations such the combustion of methane gas and viewing the smallest of living things under microscopes.





P.E NEWS

NO TIME TO WASTE PROGRAMME

This term, KS3 have been studying some GCSE content as part of the practical PE lessons. Our 'No Time To Waste' (NTTW) programme allows for the pupils to be able to bridge the gap between their current knowledge and understanding of Physical Education and Sport to that of KS4 GCSE or Btec Studies.

Not only does this allows the pupils to get an idea of what key terms, ideas and information will be studied in the GCSE or Btec Sport programs which we have on offer, but also gives the students an deeper understanding of the physical activities that they are participating in.

Students this term have made a real effort into adopting their learning in Physical Education, both physical and theoretical with NTTW as they have been tracking their own progress via our Google Classroom tracker. They have been Self-Assessing their progress and understanding of each topic by scoring their current level of understanding.

The NTTW topics and subjects that the students have been studying include:

Cardiovascular Endurance (Testing Methods and ways of improving), **Muscular Endurance** (Testing Methods and ways of improving), **Agility** (Testing Methods and ways of improving), **Speed** (Testing Methods and ways of improving), **Muscular Strength** (Testing Methods and ways of improving), **& Skill related components of fitness** (Agility, Balance, Coordination, Power, Reaction Time and Speed.





FOOTBALL ACADEMY RESULTS

First Team

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DATE/ TIME	HOME TEAM	RESULT	AWAY TEAM	COMPETITION
L 07/10/20 13:30	Crystal Palace LNS Volenti	3 - 0	Crystal Palace Beckenham	South Premier Division
L 30/09/20 13:30	Cambridge Utd	1 - 4	Crystal Palace LNS Volenti	South Premier Division
L 23/09/20 13:30	Crystal Palace LNS Volenti	5 - 2	Peterborough United FC	South Premier Division
L 16/09/20 13:30	BSC Tottenham Hotspur	1-2	Crystal Palace LNS Volenti	South Premier Division

LNS Volenti B Team

	DATE	TIME	HOME		AWAY	
	21/10/20	13:30	Watford FC WA	P - P	Crystal Palace LNS VOL B	Postponeo
	14/10/20	13:30	Crystal Palace FC NOR A	P.P	Crystal Palace LNS VOL B	Postponeo
L	30/09/20	13:30	Crystal Palace LNS VOL B	1-2	Chelsea FC Crawley	
	23/09/20	13:30	Crawley Town FC	2 - 0 (HT 1-0)	Crystal Palace LNS VOL B	
	16/09/20	13:30	Crystal Palace LNS VOL B	P - P	Brighton & Hove Albion (AITC)	Postponed

Tixture					
	DATE	TIME	HOME	AWAY	VENUE
L	04/11/20	13:30	Crystal Palace LNS VOL B	Crystal Palace FC NOR A	COLDHARBOUR LEISURE CENTRE 3G and Grass Pitches
L	11/11/20	13:30	Crystal Palace LNS VOL B	Crawley Town FC	COLDHARBOUR LEISURE CENTRE 3G and Grass Pitches

LNS Volenti Blues

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Crystal Palace Volenti U19 L.N.S. Blue

Fixtures and Results | Player Season Totals | Team Season Totals | Players |

DATE	TIME	HOME			AWAY
21/10/20	14:00	Crystal Palace Volenti U19 L.N.S. Blue	1-3	(HT 1-1)	Pro Direct Central London
14/10/20	11:30	Charlton Athletic Trust U18 Charlton Ath	0 - 4	(HT 0-1)	Crystal Palace Volenti U19 L.N.S. Blue
07/10/20	14:00	WHUF U19 Chadwell "Clarets"	3 - 2		Crystal Palace Volenti U19 L.N.S. Blue
30/09/20	14:00	Crystal Palace Volenti U19 L.N.S. Blue	2 - 6		Croydon U18 Kinetic Football Academy Blu
23/09/20	14:00	Crawley London Performance U19s Elite	6 - 0		Crystal Palace Volenti U19 L.N.S. Blue
18/09/20	14:00	Crystal Palace Volenti U19 L.N.S. Blue	5 - 5		Sutton United Youth U19 SCL BLUES

FOOTBALL ACADEMY RESULTS

Crawley London Performance U19s REDS 3 - 2

Crystal Palace Volenti U19 L.N.S. Reds

Pro Direct Central London

LNS Volenti Reds

TIME

14:00

14:00

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НОМЕ		AWAY
Pro:Direct South London U18	2 - 6	Crystal Palace Volenti U19 L.N.S. Reds
Crystal Palace Volenti U19 L.N.S. Reds	5 - 3	WHUF U19 Chadwell "Clarets"
Crystal Palace Volenti U19 L.N.S. Reds	3 - 4 (HT 1-1)	Croydon U18 Kinetic Football Academy Yel

Crystal Palace Volenti U19 L.N.S. Reds Crystal Palace Community U19 (Beckenham)

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Crystal Palace Volenti U19 L.N.S. Reds

LNS Volenti Blues Reserves

Crystal Palace LNS VOL Reserves Blues

Fixtures and Results | Player Season Totals | Team Season Totals | Players |

Resu	lits					
	DATE	TIME	HOME		YAWA	
L	23/10/20	13:30	Crawley Town FC Reserves 1	P - P	Crystal Palace LNS VOL Reserves Blues	Postponed
L	16/10/20	13:30	Crystal Palace LNS VOL Reserves Blues	5 - 0	Chelsea FC Crawley Reserves	
L	02/10/20	13:30	QPR Reserves	2 - 5	Crystal Palace LNS VOL Reserves Blues	

2 - 3

4-3

LNS Volenti Reds Reserves

ults	DATE	TIME	HOME	AWAY
	02/10/20	13:30	Crystal Palace LNS VOL Reserves Reds 0 - 4	Portsmouth FC IOW
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